

**HOSPITALIZATION REQUIREMENTS for PATIENTS under 18
at the Federal Cardiovascular Surgery Center Federal State Budgetary Institution
of the Ministry of Health of the Russian Federation (Astrakhan)**

Dear Parents!

Your child's health and safety are our top priority. For details, please visit the official website of the Center at www.astra-cardio.ru.



On the appointed date, please arrive to provide the necessary documents at the following address: 4, Pokrovskaya Rosha Street, Astrakhan.

1. Documents for Registration (originals)

- For Russian citizens: patient birth certificate or passport, valid OMS policy, SNILS (Individual Insurance Account Number); legal representative: passport, SNILS (Individual Insurance Account Number)
- For foreign citizens: Identity Document; document confirming the right to stay (reside) in the Russian Federation.

2. Medical Documents (originals):

- A medical record indicating past illnesses and vaccinations received, certified by the attending physician and the head of the department, along with the medical organization stamp.
- A referral for hospitalization in form 057/y-04, issued by a doctor at the clinic you are registered at.
- The results of tests, examinations, and medical reports as per the required list and validity periods.
- All available recordings of examinations.
- All discharge summaries (if available).

PLEASE CHECK THE TESTS AGAINST THE LIST AND VALIDITY PERIODS!

LABORATORY TESTS	Validity Period
Complete blood count (CBC) with leukocyte differential and thrombocytes	14 days
Urinalysis	14 days
Biochemical blood test: alanine aminotransferase (ALT), aspartate transaminase (AST), total bilirubin, conjugated bilirubin, creatinine, blood urea nitrogen (BUN), total protein, total cholesterol, albumin, glucose	14 days
Coagulation Tests: fibrinogen, Prothrombin Index (PI)	14 days
Rapid Plasma Reagin (RPR) test (Blood test for syphilis), indicating the date and test number. In case of a positive result, a report from a dermatologist-venereologist is mandatory	21 days
HIV blood Test, indicating the date and test number	3 months
Blood for Hepatitis B and C Markers (HBsAg and Anti-HCV), indicating the date and the test number	42 days
For patients under 6 months of age, a blood test for intrauterine infection is mandatory: immunoglobulin classes G and M for cytomegalovirus, HSV types 1 and 2, and Chlamydia trachomatis.	14 days

Fecal analysis for helminth eggs (for patients aged 1 year and older)	3 months
Bacteriological fecal analysis for intestinal flora (for patients aged 1 year and older)	7 days
EXAMINATIONS RESULTS	
Chest X-ray in 1 projection with images and reports; files on a disk or flash drive are accepted	3 months
12-lead electrocardiography (ECG) for patients with arrhythmia. Provision of the film record is mandatory	14 days
Neurosonography for patients under 1 year old	1 month
A report from ENT Specialist for patients over 1 year of age	1 month
A report from neurologist	1 month
Certificate of no exposure to infectious diseases in the last 21 days, issued by a medical organization at the place of residence); for children, issued at the location of the educational institution (kindergarten/school)	3 days
Report from a dentist - certificate of oral cavity sanitation (only for children with teeth)	60 days
Measles vaccination certificate (indicating the date) or enzyme immunoassay (IFA) results of measles IgG immunoglobulin G (test is to be done before hospitalization) + a copy of the vaccination certificate (only for children over 1 year old)	
BASED ON INDICATIONS (IN THE PRESENCE OF CONCOMITANT PATOLOGY)	
Fecal analysis for dysbiosis	14 days
Throat and nasal swab for flora and antibiotic sensitivity	14 days
Blood test (PCR) for DNA of intrauterine infections (herpes types 1-2, CMV)	14 days
Spiral computed tomography of the heart and major vessels	1 month
In the presence of chronic diseases - reports from specialists: endocrinologist, urologist, pulmonologist, infectious disease specialist, hematologist, gastroenterologist	30 days
Medical history of tuberculosis - report from a TB specialist. Medical history of oncology - report from an oncologist	30 days

If it is not possible to undergo the necessary tests under the state program of free medical assistance, you can have them done for a fee. Schedule an appointment by calling the Call Center at 8 (8512) 311-000.

If you have any doubts regarding the results of the tests or lack the necessary data, the Center recommends that you undergo some of the tests again.



Premedication.

- Before hospitalization, patients should continue taking all previously prescribed medicines!
- If there is a prescribed basic therapy for chronic diseases, patients should have the required amount of medicines with them (the selection of therapy may complicate the treatment process).

- **Hospitalization for caregivers** (legal representative, representative by power of attorney - bring the original power of attorney with you)

Documents required for caregiver registration (Originals):

For Russian Citizens: Passport.

For Foreign Citizens: identity document, a document confirming the right to stay (reside) in the Russian Federation.

Analysis and tests (originals)	Validity Period
Bacteriological fecal analysis for intestinal flora	7 days
Syphilis test; if the test is positive, reports from a dermatologist and State Dermatology and Venereology Clinic at the place of residence are mandatory	60 days
A report from a dermatologist-venereologist	1 month
A report from an obstetrician-gynecologist (for mothers with children up to 3 months old)	7 days
Stool ova & parasites test (O&P test)	3 months
Chest X-ray or fluorography: images and descriptions of frontal and left lateral views	1 year
Measles vaccination certificate (indicating the date) or enzyme immunoassay (IFA) results of measles IgG immunoglobulin G (test is to be done before hospitalization)	
For children under six months of age Mother's blood test: -HIV test with the date and number of the test. - test for hepatitis B and C with the date and number of the test. (in some cases you have to provide an extract from the prenatal record)	

Reference Information

The date and time of the arrival at the Center will be provided by a staff member over the phone 10 to 14 days before hospitalization. The information will also be provided via SMS.

The examination period before hospitalization can take 1 to 3 days. During this time, our doctors will make a decision regarding the type of surgery in the Consultative and Diagnostic Department of the Center. Please make sure to arrange your accommodation in Astrakhan in advance. The Center does not cover travel and accommodation expenses for patients and their accompanying persons.

Please prepare a list of the people you trust to receive information about your child's health in advance. Include their full names (as written in their passports), dates of birth (day, month, year), home addresses, and phone numbers.

Hospitalization is carried out from 8 AM to 3 PM on working days.



Staying in the Center as an inpatient.

Please, bring with you personal care products for your child and their caregiver, diapers, wet wipes, a baby cream, a towel, an easy-to-hold-mug, a spoon, 2-3 underwear seats, pajamas, a comfortable pair of shoes with good foot support.

If you are unable to arrive on the appointed date, please inform us by calling: +7(8512)311-000 or +7(8512)311-018 after 12 PM.

000 For any other questions, please contact us by calling the Call Center at +7 (8512) 311-

Please, mind the difference between the local time and Moscow time (+1 hour).

PLEASE NOTE!	Срок действия
These tests are not conducted at the Center	
Fecal analysis for dysbiosis	14 days
Throat and nasal swab for flora and antibiotic sensitivity	14 days
PCR blood test for intrauterine infections (herpes, CMV, toxoplasmosis, chlamydia, mycoplasma, ureaplasma)	14 days
Bacteriological fecal analysis for intestinal flora	7 days
Stool ova & parasites test (O&P test)	3 months
Consultation with dermatologist, neurologist, otorhinolaryngologist, urologist, endocrinologist	
Ultrasound of the abdomen and retroperitoneal space for patients under 18 years of age.	
Neurosonography.	

Information for Legal Representatives Regarding the Right to Stay with a Child at the Center

Article 51 of Federal Law No. 323-FZ dated November 21, 2011 "On the Basics of Health Protection for Citizens in the Russian Federation"»\

One parent, another family member, or another legal representative is granted the right to stay with the child in a medical organization while the child receives medical care at the Center, regardless of the child's age, throughout the entire treatment period.

No fees will be charged to these individuals for creating conditions to stay at the Center, including a bed and meals, when staying together with:

1) A child with a disability who, according to an individual rehabilitation or habilitation program issued based on the results of a medical-social examination, has limitations in basic life activities of the second and/or third degree (limitations in self-care, independent mobility, orientation, communication, learning, and behavior control), regardless of the age of the disabled child (please provide the original disability certificate)

2) A child under four years of age.

3) A child over four years of age if there are medical indications.

The decision regarding the presence of medical indications for the child and the necessity of having a legal representative stay with them is made by the attending physician.

In other cases, hospitalization for caregivers is available privately by prior agreement, subject to availability and compliance with health and safety regulations. You also need to confirm the date of hospitalization. A bed and meals will be provided.