

**HOSPITALIZATION REQUIREMENTS for PATIENTS over 18  
UNDERGOING CORONARY ANGIOGRAPHY in the  
Federal Cardiovascular Surgery Center Federal State  
Budgetary Institution of the Ministry of Health of the  
Russian Federation (Astrakhan)**

Dear Patient!

Your health and safety are our top priority. For details, please visit the official website of the Center at [www.astra-cardio.ru](http://www.astra-cardio.ru).

Before arriving at the Center, please ensure that your OMS (Obligatory Medical Insurance) policy is valid. You can check the status of your OMS policy on the Gosuslugi website, on the website of Territorial Fund of Mandatory Health Insurance or by searching for "check OMS policy".

If your OMS is inactive, please contact your Health Insurance Organization to update it. A referral for consultation/hospitalization in form 057/y04 is mandatory for receiving medical assistance under the basic OMS program. The referral must be issued by a doctor at the clinic you are registered at. Please make sure to check whether you are registered at the clinic you are receiving the referral from.



**On the appointment date, please arrive to provide the necessary documents at the following address: 4, Pokrovskaya Rosha Street, Astrakhan**

**1. Documents for Registration (originals)**

- For Russian citizens: passport; valid OMS policy; SNILS (Individual Insurance Account Number).
- For foreign citizens: identity document; document confirming the right to stay (reside) in the Russian Federation.

**2. Medical Documents (originals):**

- A medical record certified by the attending physician and the head of the department, along with the medical organization stamp.
- A referral for hospitalization in form 057/y-04, issued by a doctor at the clinic you are registered at.
- The results of tests, examinations, and medical reports as per the required list and validity periods.
- All available recordings of examinations.
- All discharge summaries (if available).

**PLEASE CHECK THE TESTS AGAINST THE LIST AND VALIDITY PERIODS!**

<b>LABORATORY TESTS</b>	<b>Validity Period</b>
Complete blood count (CBC) with leukocyte differential and platelets	14 days
Urinalysis	14 days
Biochemical blood test: alanine aminotransferase (ALT), aspartate transaminase (AST), total bilirubin, conjugated bilirubin, creatinine, blood urea nitrogen (BUN), total protein, total cholesterol, glucose	14 days
Lipid profile: low-density lipoprotein, high-density lipoproteins, total cholesterol, triglycerides	30 days
Coagulation Tests: fibrinogen, Prothrombin Index (PI) (for patients taking Warfarin: International Normalized Ratio (INR) blood test must be done within 2 days!)	14 days

Rapid Plasma Reagin (RPR) test (Blood test for syphilis), indicating the date and test number. In case of a positive result, a report from a dermatologist-venereologist is mandatory	60 days
HIV blood Test, indicating the date and the test number	3 months
Blood for Hepatitis B and C Markers (HBsAg and Anti-HCV), indicating the date and test number	42 days
<b>EXAMINATIONS RESULTS</b>	
Esophagogastroduodenoscopy (EGD): In case of erosive or ulcerative lesions of the gastrointestinal tract, hospitalization is possible only after treatment at the place of residence, with a follow-up EGD	30 days
Chest X-ray in two projections with images and reports; files on a disk or flash drive are accepted	3 months
12-lead electrocardiography (ECG) with mandatory provision of the film record	14 days
Duplex ultrasonography screening of the brachiocephalic arteries for the patients over 40 years of age	1 year
Duplex scanning of the lower extremity arteries for patients over 40 years of age	1 year
Kidney ultrasound	6 months
Report from a dentist (certificate of oral cavity sanitation)	60 days
Report from an endocrinologist for patients with diabetes, including a blood test for glycated hemoglobin	14 days
Certificate of no exposure to infectious diseases in the last 21 days, issued by a medical organization at the place of residence	3 days
<b>Measles</b> vaccination certificate (indicating the date) or enzyme immunoassay (IFA) results of <b>measles IgG immunoglobulin G (tests are to be done before hospitalization)</b>	

If it is not possible to undergo the necessary tests under the state program of free medical assistance, you can have them done for a fee. Schedule an appointment by calling the Call Center at 8 (8512) 311-000.

If you have any doubts regarding the results of the tests or lack the necessary data, the Center recommends that you undergo some of the tests again. The above-mentioned tests can be done for a fee at the Center's Consultative Diagnostic Department.



### Premedication.

- Before hospitalization, patients should continue taking all previously prescribed medicines!
- If there is a prescribed basic therapy for chronic diseases, patients should have the required amount of medicines with them (the selection of therapy may complicate the treatment process).

### Reference Information

The date and time of the arrival at the Center will be provided by a staff member over the phone 10 to 14 days before hospitalization. The information will also be provided via SMS.

The examination period before hospitalization **can take 1 to 3 days**. During this time, our doctors will make a decision regarding the type of surgery in the Consultative and Diagnostic Department of the Center. Please make sure to arrange your accommodation in Astrakhan in advance. The Center does not cover travel and accommodation expenses for patients and their accompanying persons.

Hospitalization is carried out from 8 AM to 3 PM on working days

**Staying in the Center as an in-patient.**

Please, bring with you the following personal care products: a towel, an easy-to-hold-mug, a spoon, 2-3 underwear seats, pajamas, a comfortable pair of shoes with good foot support, glasses, a hearing aid (if needed), a phone charger, compression stockings or two elastic bandages 4 meters long each.

Patients must have no nail polish on.

If you are unable to arrive on the appointed date, please inform us by calling: +7 (8512) 311-000 or +7 (8512) 311-018 after 12 PM.

For any other questions, please contact us by calling the Call Center at +7 (8512) 311-000

**Please, mind the difference between the local time and Moscow time (+1 hour).**