

**CODE OF CONDUCT FOR PATIENTS
of Federal Cardiovascular Surgery Center,
Federal State Budgetary Institution of the
Ministry of Health of the Russian
Federation (Astrakhan).**

The following activities are prohibited on the premises of the Center and its subdivisions:

- нахождение в верхней одежде, без сменной обуви или бахил;
- wearing outerwear or not changing into clean shoes or shoe covers;
- smoking in the Center's premises;
- consuming alcohol or using illegal drugs and other harmful substances;
- being under the influence of alcohol or drugs, except in emergencies;
- gambling;
- speaking loudly, making noise, and slamming doors;
- using cell phones during medical procedures or examinations;
- using staff phones;
- disposing of garbage or waste in areas not designated for this purpose;
- keeping outerwear, shoes, bags or other items inside the hospital room;
- keeping dangerous or prohibited objects in the hospital room;
- turning on heaters, electric kettles, televisions, tape recorders, and other electrical devices;
- using electronic devices that emit electromagnetic radiation;
- turning on the lights, telephones, audio/video equipment, as well as walking around hospital rooms and the Center during sleep or rest times;
- keeping sharp objects or breakable dishes;
- using bedding, pillows and blankets from unoccupied beds in the hospital rooms;
- walking around the Center without doctor's permission;
- eating food **not** included in the diet plan without consulting your attending physician;

During inpatient treatment (medical examination), the patient shall:

- соблюдать санитарно-гигиенические нормы пользования бытовыми коммуникациями (холодильник, душ, санузел);
- follow sanitary and hygiene standards when using common facilities (refrigerator, shower, restroom);
- adhere to the prescribed care regimen set by the attending physician;
- promptly inform the medical staff on duty about the deterioration of their physical condition;
- immediately inform the doctor or nurse about fever, runny nose, cough, shortness of breath or other respiratory disorders, vomiting, abdominal bloating, rash, etc;
- maintain personal hygiene and wash hands thoroughly and frequently.

Patients are discharged by the attending physician in coordination with the Head of the Department.

Responsibility

- Violating the rules, care regimen, sanitary and epidemiological standards will result in penalties as established by the laws of the Russian Federation. For violations of the rules and regulations, the patient may be discharged before treatment completion with a corresponding note in their medical records.
- Violations include: rude or disrespectful attitude towards the staff; failure to comply with the doctor's instructions and recommendations; taking medicines at one's own discretion; concurrent treatment at another facility without approval granted by the attending physician.